**Join the Ellis Rec's 100 Mile Challenge!** **Shirt Size:** _____

**Walk or jog and log your miles, then receive a t-shirt when you complete 100 miles. April 1st – May 18th**

**Contact Information:** _____

| Date | Distance | Total Distance |
|---|---|---|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

**Don't stop yet! There's more space on the back!**

## Keep on Going!

## Don't Stop Believing! (in yourself!!)

| Date | Distance | Total Distance |
|---|---|---|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

**You are AMAZING! You need another page!**